



Dementia-Friendly Lehigh Valley Monthly Resource guide.

This is a guide that provides important information on the resources that are currently being provided to promote services and activities for individuals looking for supportive services and information. As you read through the information, you will see many useful websites and virtual opportunities available to you.

MISSION

The mission of DFLV is to raise awareness and reduce stigma related to Alzheimer's Disease and Related Disorders (ADRD) among community members and encourage the Lehigh Valley community to become more accessible and supportive for individuals affected by ADRD and their caregivers.

VISION

To create a greater community that embraces and encourages people with Alzheimer's Disease and Related Disorders by cultivating dignity, empowerment, and autonomy. We envision a community of organizations and individuals equipped to support people living with dementia so they can remain in the community and engage and thrive in day to day living.

GOALS

- **Raise awareness and reduce stigma through education and outreach endeavors**
 - **Cultivate and confirm commitments from stakeholders and partners**
 - **Leverage existing dementia-friendly community resources**
- **Share information about best practices with the broader community**

Here are two wonderful articles from DFA June 2020 newsletter



Elder Fraud Prevention and Response Networks Development Guide

People living with dementia are at particular risk for elder fraud and abuse. For dementia-friendly communities looking to address this important issue, the Consumer Financial Protection Bureau's (CFPB) Office for Older Americans released its online [Elder Fraud Prevention and Response Networks Development Guide](#). The Networks Development Guide provides suggestions on how to bring together local community stakeholders to combat elder financial exploitation and fraud. It includes step-by-step resources to help stakeholders form or enhance existing networks and increase community capacity to prevent and respond to elder financial exploitation and fraud, and offers planning tools, templates, and exercises to help stakeholders complete key tasks in the creation of a new network or to refresh or expand an existing one.

New Website Provides Information on Dementia-Friendly Airports

The [Dementia-Friendly Airports Working Group](#) (DFAWG) is an international collaboration of professionals, academics and volunteers in aging and dementia services and support systems, including present and former dementia care partners. DFAWG's mission is to promote the definition and implementation of substantive dementia-friendly protocols in U.S. airports and airlines and the harmonization of relevant air travel regulations world-wide. DFAWG has also created a working definition of what a dementia-friendly airport is, created a list of travel tips covering all aspects of air travel from booking to arrival, and compiled a list of tools and resources that travelers may find to be helpful.

Websites:

Check out the following websites innovative creative programs.

The Pioneer Network

www.pioneernetwork.net

The Alzheimer's Foundation of America

<https://alzfdn.org>

The Alzheimer's Poetry Project

<http://www.alzpoetry.com>

https://whdh.com/news/worth-their-weight-in-gold-boston-hospital-breaking-communication-barrier-with-transparent-masks/?utm_source=Commission+for+Persons+with+Disabilities+-+Newsletters&utm_campaign=Community+Update+-+5%2F18%2F20&utm_medium=email

This year's Alzheimer's Association International Conference®, AAIC® 2020, is now a virtual event, at no cost to attend.

International investigators, clinicians and care researchers will come together online for AAIC 2020, **July 27-31**, to discuss the latest studies, theories and discoveries that will help bring the world closer to breakthroughs in dementia science.

This year's conference will be hosted on a cutting-edge virtual platform - free of charge - and will include:

- Over 50 live sessions and over 100 on-demand sessions covering basic science, biomarkers, clinical manifestations, drug development, public health and dementia care.

- An on-demand library of recorded sessions that will remain available for 30 days after the conference.
- More than 3,000 posters, with the ability to chat one-on-one with the author.
- Exclusive networking opportunities in designated chat rooms with experts in the field.
- Educational workshops and topic-focused symposia.
- An exhibit hall with booths and unique engagement activities.
- Symposia hosted by conference sponsors.

The Alzheimer's Association International Conference® is the largest and most influential international meeting dedicated to advancing dementia science. Each year, AAIC® convenes the world's leading basic science and clinical researchers, next-generation investigators, clinicians and the care research community to share research discoveries that'll lead to methods of prevention and treatment and improvements in the diagnosis of Alzheimer's disease.

To register, please click here: <https://aaic2020.vfairs.com/en/registration> and select "Other" in the registration category.

For a schedule of events and FAQs, please click [here](#). For additional details, please visit the conference's [website](#).

If you have any questions or issues registering, please email aaic@alz.org.

Virtual) Memory Cafes for All: How Thriving Cafes Are Creating Joy and Community Among People Living With Dementia and Their Care Partners

Wednesday, July 15, 2020, 4:00 PM ET

Link: <https://www.asaging.org/web-seminars/virtual-memory-cafes-all-how-thriving-cafes-are-creating-joy-and-community-among>

Memory cafes have spread worldwide as affordable, community-based responses to social isolation among people living with dementia and their care partners. They are part of a global dementia friendly community movement that aims for living well with dementia. Presenters will share best practices for starting and sustaining a cafe, and will discuss the benefits of cafe networks to foster the spread of cafes through resource sharing and mutual support. They will also report on the transition to virtual memory cafes during the COVID 19 quarantines that prevent group gatherings.

Participants in this web seminar will be able to:

- Participants will be able to identify the purpose and core components of a memory cafe, and gain a practical sense of the resources required to run one.
- Participants will be able to identify the span of sectors and organizations that could launch and run a cafe, and will be able to draw upon examples of cafes serving various linguistic and cultural communities, rural areas and cities.
- Participants will be able to identify best practices, with a focus on inclusion, and common pitfalls to be avoided when running a cafe.
- Participants will know how to access publicly available toolkits and other resources to help them start and sustain their memory café.
- Participants will gain information about how some memory cafes are operating virtually during the time of COVID 19 quarantines.

Presenters:

Susan McFadden is Professor Emerita of Psychology, University of Wisconsin Oshkosh. She co-founded Fox Valley Memory Project, a non-profit that offers memory cafés in 9 locations each month in northeast Wisconsin and provides memory café programming via Zoom during the COVID-19 quarantine.

Beth Soltzberg, LICSW, MBA, directs the Alzheimer's/Related Disorders Family Support Program at Jewish Family & Children's Service in Waltham, Massachusetts. Beth founded and coordinates the Percolator Memory Café Network, a resource for those starting and sustaining memory cafés across Massachusetts. Beth leads the Dementia Friends Massachusetts public awareness program, and is part of the statewide leadership team promoting dementia friendly community initiatives.

Our goal at Heather Glen Senior Living is to be a resource to the community.

Are you or do you know a caregiver needing support? Join us for our Savvy Caregiver Series.

Register today!



HEATHER GLEN
SENIOR LIVING



The SAVVY CAREGIVER

AN INTERACTIVE VIRTUAL EDUCATIONAL SERIES FOR CAREGIVERS FOR THOSE WHO HAVE ALZHEIMER'S OR DEMENTIA.

Join Wendy Scott, M.A., CADDCT, CDP, and Elder Life Educator from Lehigh Valley Health Network as she provides you with strategies that help enable you to develop a sense of control while caregiving so you can manage your daily life, countless tools you may need as a caregiver and the confidence to take care of you.

TO REGISTER

CONTACT: Kimberly Garrison, Director of Marketing at Heather Glen Senior Living
kgarrison@HGSeniorLiving.com or 610-841-4478 ext. 103

SESSION DATES: July 28th, August 4th, August 11th & August 18th



www.HGSeniorLiving.com

Alzheimer's Association Delaware Valley Chapter

VIRTUAL SUPPORT GROUPS - July & August

As we take precautions to keep all staff, volunteers and constituents safe during the ongoing COVID-19 pandemic, the

Alzheimer's Association Delaware Valley Chapter continues to offer VIRTUAL SUPPORT GROUPS for dementia caregivers throughout July and August 2020.

Support groups are a safe place to develop a support system, exchange practical information on caregiving challenges, share feelings, and learn about community resources!

Group days and times vary and include specialized groups (adult children and caregivers of Frontotemporal Dementia). Attendees can participate via computer or phone and

weekly meetings are also available every Wednesday at 2pm and Thursday at 7pm.

See the attached flyers for dates and active registration links.

REGISTER via the flyer links or call 800.272.3900.



July 2020_Virtual
Support Groups_DVC.



August 2020_Virtual
Support Groups_DVC.



EServices_flyer.pdf



CRF provider
flyer.pdf



candid
conversations_July 20;

alz.org/covid19 (covid caregiver tips)

alz.org/crf ("live" virtual ed programs and support groups by zip code)

alz.org/education (pre-recorded education topics)

alzconnected.org (24/7 online support community)

alzheimersnavigator.org (customized care planning)

alz.org/trialmatch (research studies and clinical trials)

Virtual Support Group Opportunity

YWCA Bethlehem is offering Virtual support groups for the 15th at 11:00 AM. For more information, please contact adsc@ywcabethlehem.org or call 610-867-4669 X 100 to receive the zoom login.